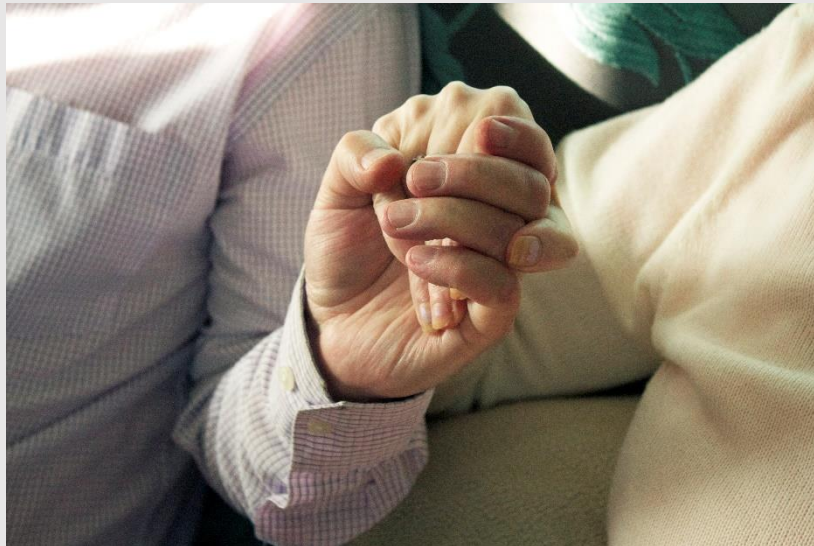
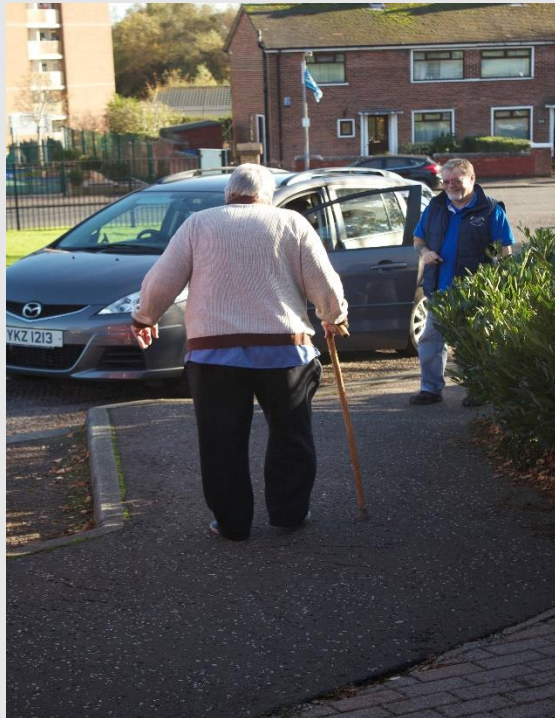


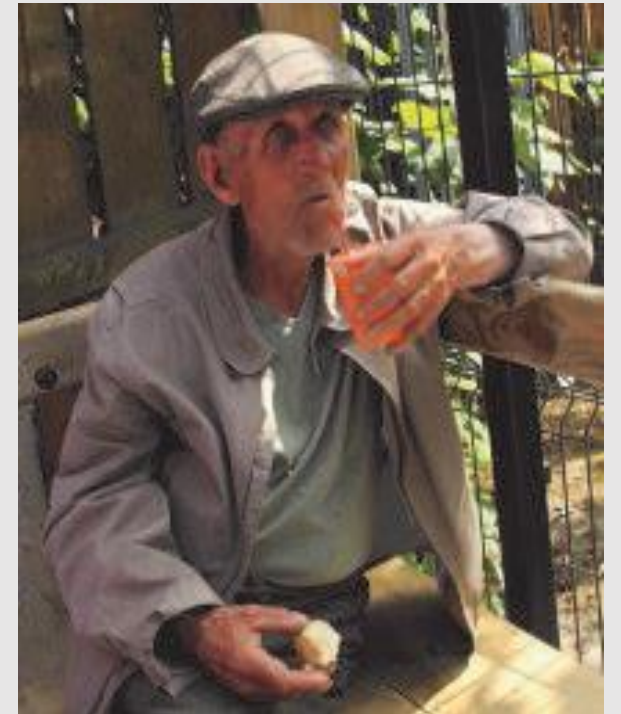


# CLARE

Creative Local Action,  
Responses & Engagement



Laura Feeney  
&  
Mandy Cowden



# Vision

Communities  
where all people feel  
supported & engaged and  
everyone can achieve their full potential

## 4 Objectives

Improve  
support for  
vulnerable  
adults & older  
people

Create  
and  
use social  
capital

Strengthen  
Neighbourhoods  
& build resilient  
communities

Deliver a more  
cost effective &  
efficient model  
of care

## 5 Strategic Outcome Indicators

Improved  
independence &  
feelings of health  
& well being

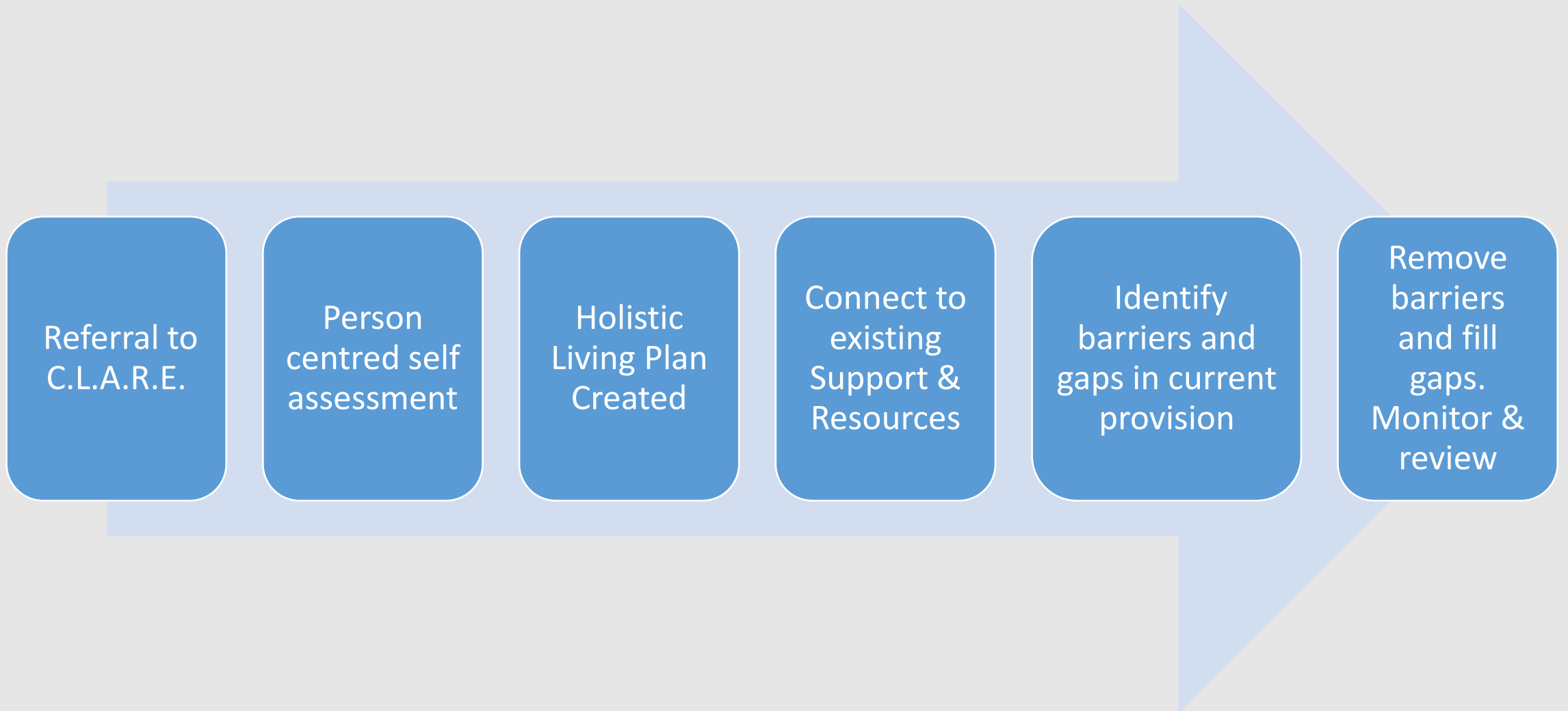
Increased  
volunteering  
& skills  
development

Enhanced  
employability  
prospects &  
economic activity

Delay in early  
reliance on adult  
health & social  
care services

Reduced non elective  
hospital admissions  
missed appointments &  
early entrance to  
residential care

# Model in Practice



# Operational Overview

- 227 Referrals Received Across Integrated Care Teams & GP Practice
- 203 Connections to Supporting Organisations
- 64 Community Champions Recruited
- Over 1800 Hours of Meaningful Volunteering Delivered

# What Does This Look Like in Practice?

- 85 year old lady with limited family support and friendship networks
- Referred to reduce social isolation and promote independence





# Intervention & Outcomes

- Person Centred Living Plan Created
- Matched with a CLARE Community Champion
- 135 Hours of Volunteering Support over 1 Year 7 Months
- Support to Attend Medical Appointments, Access Finances and Engage in Social Opportunities
- 20% increase in feeling socially connected, 30% increase in feeling well, 40% increase in feeling treated with dignity and respect

# Innovation in Practice

- Community Approach – Partnership Working (BHSCCT Chairman's Award 2015)
- Early intervention – GP Social Prescribing Model
- Personalisation – Social Work Innovation Pilot (Connecting to Self-Directed Support)
- World Health Organisation – Belfast Healthy Cities (Engaging for Change Award 2015)

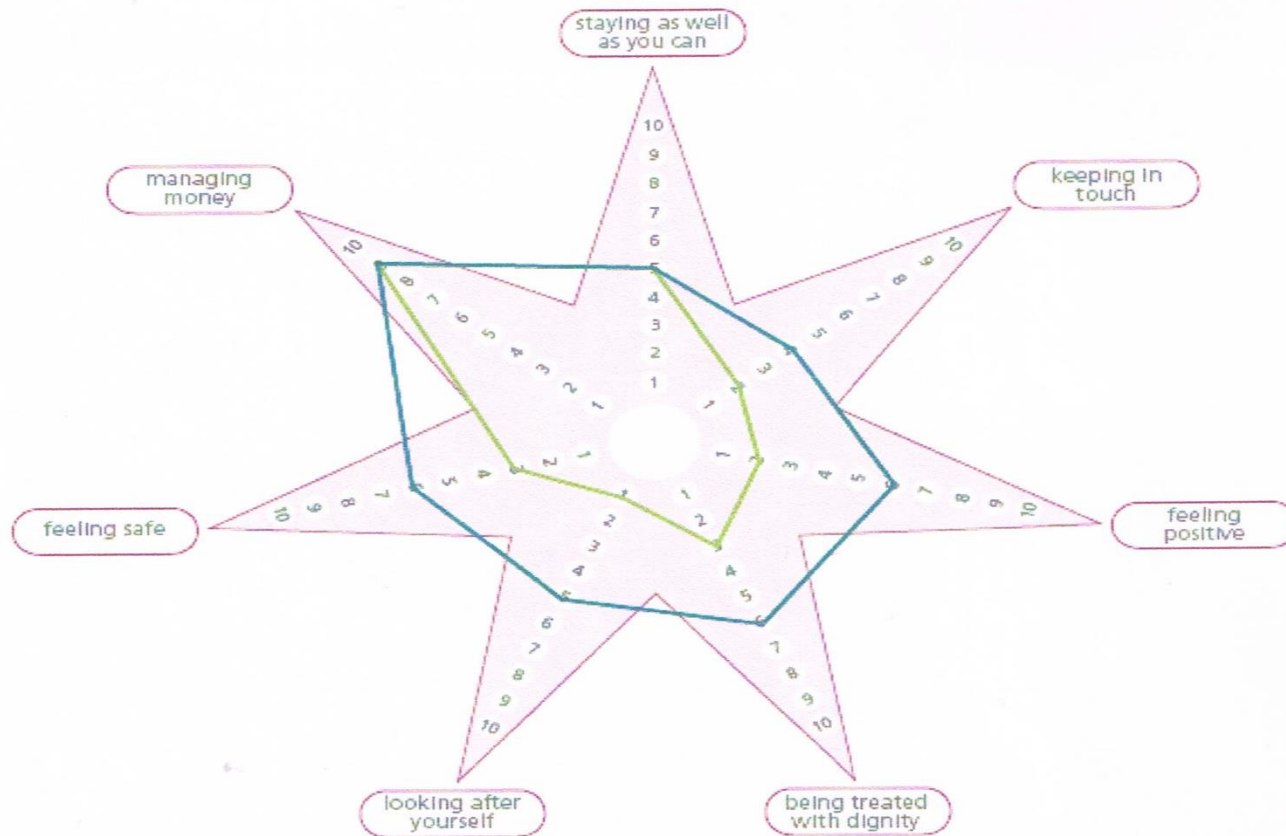
# Role of the Community Social Worker

- Engage clients in supported person centred planning to identify strengths, assets and areas of their lives requiring assistance
- Connect to sensitive and appropriate services to maximise independence and improve health and well-being
- Monitor and review the client journey and life outcomes
- Advocate for client appropriate services and identify gaps in provision



# Outcome Star Evaluation Tool

Show data on Star



## 6 Month Intervention Before & After

Staying well as you can	5	5	0
Keeping in touch	2	4	2
Feeling positive	2	6	4
Treated with dignity	3	6	3
Looking after yourself	1	5	4
Feeling Safe	3	6	3
Managing Money	9	9	0
Average	3.6	5.9	2.3

2.3 % Overall Improvement

# Learning Within CLARE.....

- Development of Outcome Measures
- Positive Risk Taking
- Value of Early Intervention & Prevention
- Shift of Relationships Between Service Users, Carers & Social Work
- Meaningful Partnership Between Social Work & Communities

<http://clare-cic.org/the-clare-model-in-practice/>